September 2016

Welcome to the latest edition of the Kingston CEPN Newsletter. We hope you find the content interesting and useful. If you have any ideas for future features please get in touch with India: india.peach1@nhs.net

For any general queries about the content of this newsletter or for more information about the CEPN, please contact either:

India Peach, CEPN Project Manager or
Julia Billington, CEPN Nurse Lead

Spotlight with the CEPN Lead Nurse

Julia Billington has been the Lead Nurse for Kingston CEPN since it's establishment almost a year ago. Julia works as an Advanced Practitioner at Central Surgery and is heavily involved in training, both in Kingston and across the South West sector. She was recently awarded with the Queens Nurse award which recognises her ongoing commitment to improving patient care and nursing practice.

Julia agreed to talk a bit about her involvement with the CEPN...
Q: Can you tell us a bit about what your role as CEPN Nurse Lead involves?
A: I see my role as one of support around workforce development, listening and responding to the local practices training needs by providing relevant fit for purpose education. I am passionate about Nursing; I am a Nurse Champion and love teaching. As many of you know I have been a Primary care nurse for Kingston CCG since its early days and have tried to represent my General Practice Nursing colleagues to the best of my ability.

Q: What do you enjoy most about your role?
A: I really enjoy the CEPN Nurse lead role. It can be challenging and hard work but I am so blessed to work with such an amazing team of experienced and talented colleagues. I am constantly learning new and innovative ways of working. There is also alot of satisfaction and pride working alongside such talented and inspiring General practice staff in Kingston.

Q: What is your vision for the CEPN over the next 12 months?
A: My vision for my role within the CEPN is to explore and provide more innovative ways of bringing high quality education to our locality, condensing training to be fit for purpose rather than requiring us to jump through the proverbial hoops of fire. My role is to support my Nursing colleagues with training needs so please tell me what your training aspirations or plans are; I may be able to help!

Q: Can you talk to us about some of your successes as CEPN Nurse Lead?
A: I want to thank all the Nurses that took part in the Nurse Mentor programme (a special thanks to Kathryn Yates) which was hugely successful and has taken our Nurse Mentor total from 1 to 15! Many of you will be contacted by Carmel Blackie the primary care link lecturer from Kingston University to see if you would like her to assist you with the process of having pre-registration Nursing students.

I recently successfully completed my Queen Nurse Award which I am tremendously proud of as it recognises my commitment to high quality patient centred Nursing care. If anyone is interested in this award please do not hesitate to contact me and I would be very happy to go through the process with you.
Practice Applications for CPPD Funding

Health Education England SL provides 2 types of funding for training, depending on availability:

**Indirect Funding** – This is training money given to local universities for us to access for the most commonly used courses. The money is available from the start of the university year, so September 1st. We have to estimate now how many places we will need on each course, and submit this to HEESL on their ‘portal’ IT system.

Our indirect allocation for 16/17 is £19k, and has been used to secure places on courses for:

- HCA Essential Skills and Knowledge
- Dementia Care for Healthcare Assistants
- Dementia Care: Improving Practice
- Mentorship for Practice (NMC Stage 2)
- Fertility and Sexual Health for Practice Nurses
- Developing Practice in Diabetes for Practice Nurses
- Imms and Vacs Refresher for HCAs and PNs
- Imms Foundation with Anaphylaxis for Practice Nurses
- Asthma Update for Practice Nurses
- COPD Update for Practice Nurses
- Mentor Update for Practice Nurses
- Diabetes in Primary Care
- Clinical Leadership - Postgrad Diploma
- Paediatric Update – Nurse Practitioner
- Advanced Assessment Skills for Clinical Practice
- Clinical Reasoning in Advanced Practice
Graduate Certificate in Non-medical Prescribing

This has exhausted our small indicative allocation, so further courses will need to come out of our ‘Direct Funding’ budget.

**Direct Funding** – This is training money given directly to us to be used on non-mandatory training (i.e. can’t be spent on Basic Life Support/Infection Control, Safeguarding, etc).

For 2016/17 both our direct and in-direct CPD budgets have been cut by 40%. We have therefore been looking at more economical ways to provide the much needed training for our Primary Care teams.

The Kingston CEPN has received £19k for each of the direct and indirect allocations for 2016/17.

We are using the 16/17 Direct Allocation to commissioned a number of courses in addition to the above, on an adhoc basis according to individual practice needs. For practices that have any particular training or development needs which are not being covered elsewhere then please do get in touch with us and we will do our best to help.

However, we must emphasise that the Kingston CEPN supports the co-ordination and allocation of CPPD funds, which are intended as a contribution towards furthering personal and professional development within Primary Care, and should be in conjunction with employer contribution to CPD. Many courses have been funded by Health Education England south London team and are free to attend. However, we recognise the importance of ongoing updates, and new staff that need to be trained and are happy to support.

A more comprehensive document as to how practices may apply for funding is being developed and will be circulated to practices shortly.

**To apply for one of the above training courses, please contact India.**

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**Incoming Physician Associate students**

We would like to give all the PA students that are due to start their GP placements in Kingston this month a very warm welcome to the area. I understand we have three new starts in Langley Medical Practice, Chessington Park Surgery and West Barnes Surgery and we don't doubt that they will prove themselves to be valuable assets within the General Practice teams.

If you think your practice might benefit from taking on a Physician Associate student, please contact Jeannie Watkins, Senior Lecturer and Clinical Placement Lead at St George's University at jwatkins@sgul.ac.uk

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**Kingston Education Half-day**
Please join us for the next Education Half Day, which will feature workshops that will cover:

- HIV update
- antenatal care
- MSK and ultrasounds
- the new eye service & much more!

The programme for the day will be circulated in advance and will include links to the Eventbrite service, which you can use to book your place. In the meantime, please hold this date in your diary.

Capital Nurse Conference

Date: Thursday 3rd November 2016
Time: 9:00am - 5:00pm
Venue: Park Plaza Riverbank, 18 Albert Embankment, SE1 7TJ
Who For? Nurses, current and potential student nurses

- Are you a London nurse, a current or future student nurse?
- Does your role involve teaching, supporting, developing or recruiting and retaining nurses?
- Do you want to join together with others to grow and spread nursing excellence across the whole of the city?

We would like to invite you to the Capital Nurse Conference - Connecting Nurses and Celebrating Nursing in London which is being held on Thursday 3rd November 2016 from 9am – 5pm at Park Plaza Riverbank, 18 Albert Embankment, London, SE1 7TJ.

CapitalNurse was established in July 2015 as a programme of collective action to ensure that London always has enough skilled, committed and motivated nurses to meet the changing requirements of health care within London to deliver high quality person-centred nursing care across the Capital. It is a collaboration between London’s Directors of Nursing, Health Education England, NHS England, NHS Improvement, HEIs, CCGs, RCN, Unison and a growing number of other organisations who employ or represent nurses.

This FREE one day conference is an opportunity for you to connect with others, hear about what has been happening and share your ideas and views, share and hear about examples of good practices and innovations in recruiting, engaging, motivating and developing nurses to meet the health and care needs to the city's population.

We are planning to run a 'show and tell' session on the day and have an interactive space for posters. If you would like to submit a poster or would like more information about the 'show and tell' then please contact stakeholderevents@ncel.hee.nhs.uk.
To register for a place at the event, please click below on the eventbrite link:

Register for the CapitalNurse Conference

More detailed information will be circulated prior to the conference date.

Please contact Claire.CHURCHILL@ncel.hee.nhs.uk for more information.

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**5th Sector Practice Nurse and HCA Conference**

**Date:** Tuesday 13th December 2016  
**Time:** 12:00pm - 6:00pm (lunch provided at 12)  
**Venue:** Masonic Hall, 73 Oakfield Road, Croydon, CR0 2UX

Who For? Nurses and Healthcare Assistants

Nurses from across Kingston, Merton, Richmond, Wandsworth, Sutton and Croydon CCGs are invited to attend a half-day conference, which focuses on 'Nursing - Moving Forward'. To see the programme for the day please click [here](#).

Please contact Julia for more information and to book you place: julia.billington@nhs.net

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**Shadowing Opportunities at the Wolverton**

Nurses from any community setting are always welcome to make contact with us at the Wolverton, either for some advice / or with a query or to spend a day observing what we do and what happens to your patients when you refer them down to the wolverton for treatment or a review.

Please email Simon Green Lead Nurse on simon.green@kingstonhospital.nhs.uk or call the nurses on 0208 934 6842

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**Online Tuberculosis Training for Primary Care Professionals**

GPs, practice nurses and nurse practitioners can access free online training on tuberculosis (TB), updated for 2016. The course features two, 30-minute modules to help you identify signs and symptoms of all forms of TB – including latent infection – refer patients to specialist services and provide appropriate case management to patients diagnosed with TB.

**COURSE CONTENTS**

- Epidemiology
You can view the promotional flier [here](#) and training can be completed in your own time, through the RCGP's Online Learning Environment: [www.elearning.rcgp.org.uk/tb](http://www.elearning.rcgp.org.uk/tb)

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**Are you thinking about recruiting an additional practice nurse?**

We hear repeatedly that nursing capacity in general practice is under pressure. We also hear that with an ageing workforce there is an increasingly pressing need to recruit new / younger nurses to provide appropriate skill mix now, and become the experienced practice nurses of the future.

We are fortunate to have local Universities (St George's and LSBU) running a range of nursing degree courses, and we have already been approached by some of this year's final year nursing students enquiring about opportunities in Kingston GP practices later this year.

We therefore need to know if there may be employment opportunities with local practices.

To help, the CEPN (working with HEESL) will provide funding for the General Practice Nurse (GPN) Development Programme from autumn this year - [more information can be found here](#).

This programme provides an excellent opportunity and resources for practices to recruit newly qualified nurses (or nurses who want to convert from another nursing discipline) who can be productive immediately and who will develop a range of GPN skills throughout the programme which can progressively be put into practice.

To understand what would be expected of you, as well as the GPN you can find details [here](#).

For more information, please contact Julia Billington who can provide advice based on her personal experience of mentoring one of the nurses through this scheme as part of the 2016 cohort.

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**For information - Immunisation PGDs**
All immunisation PGD’s should be on here. Anything not you must have a PSD for your nurses to use